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North Minneapolis Meals on Wheels

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2006 Annual Report



Executive Director's Report

The following report highlights North Minneapolis Meals on Wheel's major accomplishments during the year 2006.

Statistics

North Minneapolis Meals on Wheels delivered a total of 27,091 nutritious meals to seniors and disabled North Minneapolis home-bound residents who were nutritionally at risk and unable to prepare their own meals. The organization served 19,526 meals to 205 senior shut-ins and 7,565 meals to 72 non-seniors. The majority of North Minneapolis Meals on Wheels recipients live at or below poverty level, are frail due to poor health, and are isolated.

North Minneapolis Meals on Wheels serves meals to an ethnically diverse population, with nearly 50 percent of all clients who are American Indian/Alaskan, Asian, Native Hawaiian/Pacific Islander, Black/African American, and Hispanic/Latino or are of multi-racial ethnicity. Approximately 75 percent of clients served by the Organization are 60 years of age or over.

The non-senior program has grown consistently over the past 6 years increasing its significance at the organization. Based on these internal trends and area demographics, the organization must respond to the changing needs of the neighborhood and the constituents in which it serves in order to remain an integral part of the health and success of the North Minneapolis community.

Accomplishments and Goals

Improving nonprofit business practices and management of the internal affairs of the organization was a primary focus this past year. The Board of Directors conducted a review of the skill sets needed by Directors and will use this information to add new Directors in 2007. In addition, a marketing brochure was created and customized to the organization and needs of the community. The brochure serves a dual purpose for volunteer recruitment and client outreach activities. Four new directors joined the board this year, enhancing

organizational leadership with their skills, work experience, and education providing fresh ideas supporting long-range planning efforts.

North Minneapolis Meals on Wheels has been fortunate to maintain a group of committed volunteers, who have remained active members supporting the organization for many years. In 2006, volunteers donated more than 3,500 hours of time to the organization valued at \$42,000 dollars of unpaid work in support of the mission. In addition, staff's commitment to continue serving the organization has strengthened its programs for the future. Continuity of care for clients expands the program mission by building a legacy that is reliable, professional, and successful. Goals come to fruition by staying the course and remaining focused on the present and future needs of the community served. North Minneapolis Meals on Wheels hired a new Director in the fall of 2006 and there was a smooth transition in leadership.

North Minneapolis Meals on Wheels welcomes new members as it grows ready for the challenges ahead and the changes necessary to better serve the community. The organization expects and plans for expansion of the non-senior program based on experienced trends and demographics precipitating its growth. The organization will partner with others to reduce cost and provide more meal choices for our clients. The leadership will continue to work to strengthen the organization and appropriately adapt to the changing needs of North Minneapolis, organizational leadership will make concerted efforts in the areas of recruitment and marketing to enhance and expand the organization's current volunteer workforce, leadership, staff, members, and affiliates to adequately reflect and represent the community it serves.

Closing

Private donations, client meal contributions, church group donations, along with Title III funds from the federal government make it fiscally possible for the organization to continue its mission. North Minneapolis Meals on Wheels takes pride in providing residents of North Minneapolis the option of remaining in the independence of their own homes by providing sustenance through meals, support, and friendship.

The organization is grateful to all volunteers, staff, members, and affiliates for their support and service to North Minneapolis Meals on Wheels this past year. Your service enables the Meals on Wheels mission to continue in your neighborhood, providing the community with affordable assistance for independent living.

Thank you for contributing to the success of the organization.

Sincerely,

Denise M. Harris
Executive Director

Board of Directors

Wendell Olson, President, Finance Committee
Gloria Voeltz, Vice President, Personnel Committee
Barbe Burlingame, Board Chair, Personnel Committee
Mary Glover, Outreach Committee
Kelsey True, Finance Committee
Yzetta Nelson, Finance Committee
Katherine Norman, Correspondence
Lucille Olson, Policy Committee
Laura Pugh, Outreach Committee
Chanda Smith, Outreach Committee

Members

Ascension Catholic Church
Bethel Lutheran Church
Calvary Evangelical Lutheran Church
Fellowship Missionary Baptist Church
Gethsemane Lutheran Church
Jordan New Life
Luther Memorial Church
New Salem Baptist Church
North United Methodist Church
Our Lady of Victory Catholic Church
Parkway United Church of Christ
Redeemer Lutheran Church
River of Life Lutheran Church
St. Anne's Catholic Church
St. Austin's Catholic Church
St. Bridget's Catholic Church
St. Olaf Lutheran Church
St. Philips Catholic Church
Victory Lutheran Church
Wayman African Methodist Episcopal Church

Donations and Grants

<i>Memorials and Volunteer Gifts</i>	<i>270.00</i>
<i>Bethel Lutheran Church</i>	<i>600.00</i>
<i>Luther Memorial Church</i>	<i>389.00</i>
<i>North United Methodist Church</i>	<i>500.00</i>
<i>Parkway United Church of Christ</i>	<i>50.00</i>
<i>River of Life Lutheran Church</i>	<i>200.00</i>
<i>Metro Meals on Wheels</i>	<i>1,350.00</i>
<i>TOTAL</i>	<i>\$3,359.00</i>
